LMP: LIVE MENTORSHIP PROGRAMME
Essay Module – UPSC Mains 2026

Target 150+

under the Guidance of
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Revolutionizing Essay Preparation through Innovative Live Mentorship

Cracking the UPSC CSE requires more than just average marks in Essay. Scoring 150+ is Essay paper makes clearing CSE Mains easy. Nevertheless, scoring 150+ in Essay demands the following-
- *Content, Coherency, critical analysis*
- *Point generation ability, Perspective richness*
- *Contextual Vocab, Grammar Knowledge, Legible Hand-writing, presentation skills*

In Essay Paper, most Aspirants struggle with:
- Correctly **interpreting the meaning** of the Essays. This challenge exacerbates while attempting **Philosophical** Essays
- Writing an attention-grabbing **INTRODUCTION** with accurate and apt *anecdote, case study*, or *Quotation*
- Generating Sufficient **Maco & Micro Dimensions**
- Establishing **Logical Connectivity** amongst the Macro and Micro-themes
- **Interlinking Arguments** with *current events, current data* and *statistics*
- Using accurate and appropriate *Quotations, proverbs*, *idioms, Poetic verses, Current Data & Statistics*, Examples and Case Studies to **corroborate & justify** the given arguments effectively.
- **Resource-scarcity** in terms of ready-to-use **THEMATIC** and **TOPIC-WISE** compilation of Quotations, anecdotes, poetic verses, case-studies, current examples, proverbs, etc.
- **Deficient feedback**: Traditional copy evaluation method by Commercial coachings, lacks in student-focused approach based on SWOT analysis of the aspirant.

What the Essay – LMP will Offer:

- **Personalized Live Evaluation and Mentorship**: One-on-one feedback and innovative redrafting guidance.
- **Flexibility of writing the tests:** Either write all Tests before Prelims 2026 or split it Pre-& Post-Prelims 2026
- **Flexibility to Pick THEMES or TOPICS**- to strengthen you weak topics/themes
- **Live Evaluation**: Discuss your answers LIVE with the evaluator.
- **Live Doubt Solving Sessions:**
- Raise conceptual or structural doubts post-evaluation.
- **Recording Access**: Never miss learning-watch sessions anytime on the portal.
- **Value Added Material:**
  - *UPSC Essay PYQs – arranged year-wise and Topic wise*
  - *UPSC Essay PYQs – Model Solutions of Selected Essays*
  - *Theme-based Case Studies - contemporary and topic-specific*
  - *Theme/Topic based Quotations*
  - *Theme/Topic based Anecdotes, Verses,*
  - *Latest Statistics and Data*

To *address above critical gaps* and ensure consistent improvement, Essay-LMP has been designed as an Outcome-Oriented Mentorship and Live Evaluation Program—

- **Personalized Mentorship** with **live copy evaluation** and feedback after every test—bridging **theoretical knowledge** with **applied skill**.
- Develop advanced Essay writing skills **with live Essay structuring, brainstorming, feedback**, and **discussions**
- Intelligently crafted mix of **Full-length tests** (FLTs-1200-1500 words), **Mini-tests** (500-600 words), **Essay structuring** exercise (2- pages), and **brainstorming exercise** (1 page).
  - o **FLTs** will simulate <u>UPSC CSE Exam Hall test environment</u>, with 4 Essay options. Student Will have to choose one Essay out of 4 and write in 1200-1500 words.
  - o **Mini-Tests** will test **applied knowledge** to deal with a **sub-theme** or a **macro-dimension** within the essay. These Tests are designed to test **logical consistency & connectivity**, <u>along </u>with capability of generating **micro-dimensions** and **interdisciplinary points**. This is a purely **preparatory tool** and **word limit** will be around **500-600**.
  - o <u>**Essay Restructuring Sessions**</u>- **designed to train the Aspirant the skill of generating as many points as possible by dividing the Essay into 5 to 6 broader macro-dimensions and further splitting these macro-dimensions into micro-dimensions** with **5 to 6 points,** traversing various **GS paper** themes from **GS 1 to GS 4**.
  - o <u>**Brainstorming Sessions:**</u> Skilling the Aspirant in the **art of active deliberation** about picking the **right Essay topic**, **interpretation of the precise meaning of the Essay**, and generating **core themes** and **sub-themes** of the Essay with lightning speed.

ESSAY-LMP COURSES TO CHOOSE FROM

Features/Module	POLARIS-Intensive	POLARIS-LIGHT	POLARIS-EXAM READY	POLARIS-offline
COURSE FEE	9,999/-	7999/-	5999/-	5999/-
Course Duration	Before UPSC Main 2026	Before UPSC Main 2026	Before UPSC Main 2026	Before UPSC Main 2026
No. of tests [FLT]	10	8	6	8
No. of Mini tests	5	3	2	0
Live Structuring Sessions	3	2	1	0
Live Brainstorming Sessions	3	2	1	0
Live evaluation with feedback & value addition	yes	yes	yes	No
Thematic Quotations	yes	yes	yes	yes
Thematic Anecdotes, Verses	yes	yes	yes	yes
Toppers Copies- Curated	yes	yes	yes	yes
Selected Sample Essays	yes	yes	yes	yes
Selected UPSC PYQ Essays-Soutions	yes	yes	yes	yes
Topic wise and Year wise Essay PYQ compilation	yes	yes	yes	yes

WHICH COURSE TO JOIN: A Guide

POLARIS - INTENSIVE	POLARIS - LIGHT	POLARIS - EXAM READY	POLARIS - OFFLINE
• At Beginner Level • Haven't written Mains or at most once only • Stuck at **around 120 marks** in Essay • Feel difficulty in writing **introductions**, making **Transitions** from one idea to another, **conclusion**, etc. • Concerned about the depth, value additions and proper substantiation of their arguments • Need Consistent, intelligent feedback and nudging • Need Prompt and timely feedback • Want **Live copy evaluation** • Need Guidance on proper essay **structuring,** Brainstorming, with logical consistency • Need Essay Resources, Cheat-sheets, Essay PYQ Solutions • Doubtful about their presentation skills, Language, Grammar and Vocabulary.	• Have written Mains at least once • Are doubtful about their exam-readiness • Stuck between **120-130 marks** • Feel difficulty in writing **introductions**, making Transitions from one idea to another, conclusion, etc. • Concerned about the depth, value additions and fail to justify their arguments • Need Improvement in Skillset, along with consistent and exam-oriented feedback • Want **Live copy Evaluation** • Need Guidance on proper essay **structuring**, Brainstorming, with logical consistency • Need Essay Resources, Cheat-sheets, Essay PYQ Solutions • Need improvement in logical consistency, dimension generation, example and case study citations, etc.	• Have written Mains at least once • Are **almost exam-ready** and have secured **125+ marks** at least once • Need Improvement in Skillset, along with consistent and exam-oriented feedback • Want **Live Copy Evaluation** • Need Guidance on proper essay structuring, Brainstorming, with logical consistency • Need Essay Resources, Cheat-sheets, Essay PYQ Solutions • Feel the need to improve presentation skills. • Learning proper use of data, examples, quotations, proverbs, etc.	• Have written Mains Twice and Thrice • Are **exam-ready** and have secured **135+ marks** at least once • Want to write Essay for practice only • Want to evaluate their exam-readiness • Want to know their expected Score via proper and accurate copy evaluation • Don't feel the need for Live copy evaluation or Online Mentorship • Don't need guidance on proper structuring or brainstorming

ESSAY-LMP TEST SERIES: INDICATIVE TOPICS

FULL LENGTH TESTS

Test No.	Topic/Theme
Test 1	Philosophical -I
Test 2	Ethical
Test 3	Polity & Governance
Test 4	International relations
Test 5	Geography & environment
Test 6	Society, Women and Vulnerable Sections
Test 7	Philosophical-II
Test 8	Science & technology
Test 9	Ethical-II
Test 10	Philosophical III

MINI-TESTS

Test No.	Topic/Theme
Test 1	Philosophical -I
Test 2	Ethical-I
Test 3	Polity/Governance/International relations
Test 4	Environmental/ Science and technology
Test 5	Philosophy-II

NOTE:

- Student will have the **OPTION** to pick from the above THEMES/TOPICS depending upon their strength and Weakness. Depending upon the chosen theme, you would be provided the essay test topics.
- **Flexibility** will be provided to pick the themes so that you can strengthen your Weak themes/ topics